

Where we meet Reality:

Love (Philo) and Wisdom (Sophia)

Still and Active

Dance of Shiva and Shakti

When a person comes to their real senses, they will recognize that they have only one problem: "How can I come into awareness of, and oneness with, my true being?"... *1.1.130*



Love says I am all this (shakti, Avalokita)
Wisdom says I am none of this (shiva, prajna)
Between these I live.

I Am That

Heart Sutra: (beginning)

Avalokitesvara (Compassion) is moving in the deep course of Prajnaparamita (Wisdom). He/she looks down at the Universe, and tells Sariputra:

Here, oh Sariputra, appearance is sunya and sunya is appearance.

Form does not differ from sunya, sunya does not differ from form.

Whatever is form, that is sunya, whatever is sunya, that is form.

The same is true of feeling, conception, volition, and divisible-consciousness.

When the masculine and feminine temperaments within us are united, completed, and balanced, ...are brought together inside the person and knowledge and reverence encircle them both, then wisdom begins to dawn in the soul. The ineffable reality and the mentalist universe are then understood to be non-different from one another.

25.2.120



St. Francis of Assisi and St. Clare of Assisi
ATTRIBUTED TO DI BORDONE AND ASSISTANTS
c. 1267-1309



An ever-active
Mind within
an ever-still
Mind--that is
the real truth,
not only about
God but also
about man.
25.1.9

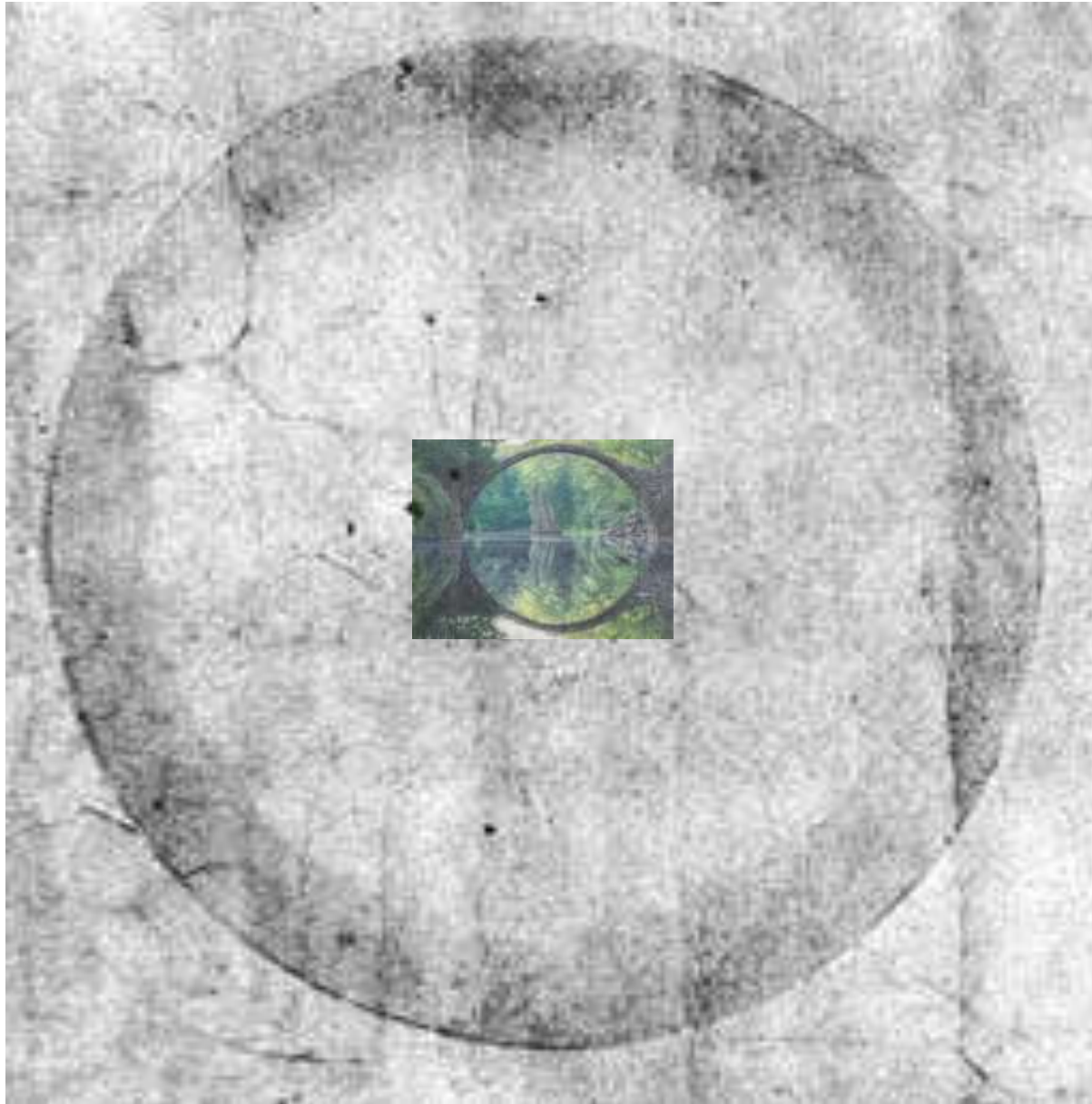


... The World-Mind is hidden deep within our individual minds. The World-Idea begets all our knowledge. **Whoever seeks aright finds the sacred stillness inside and the sacred activity in the universe.** (p. 361)

Real continuous with its appearance;

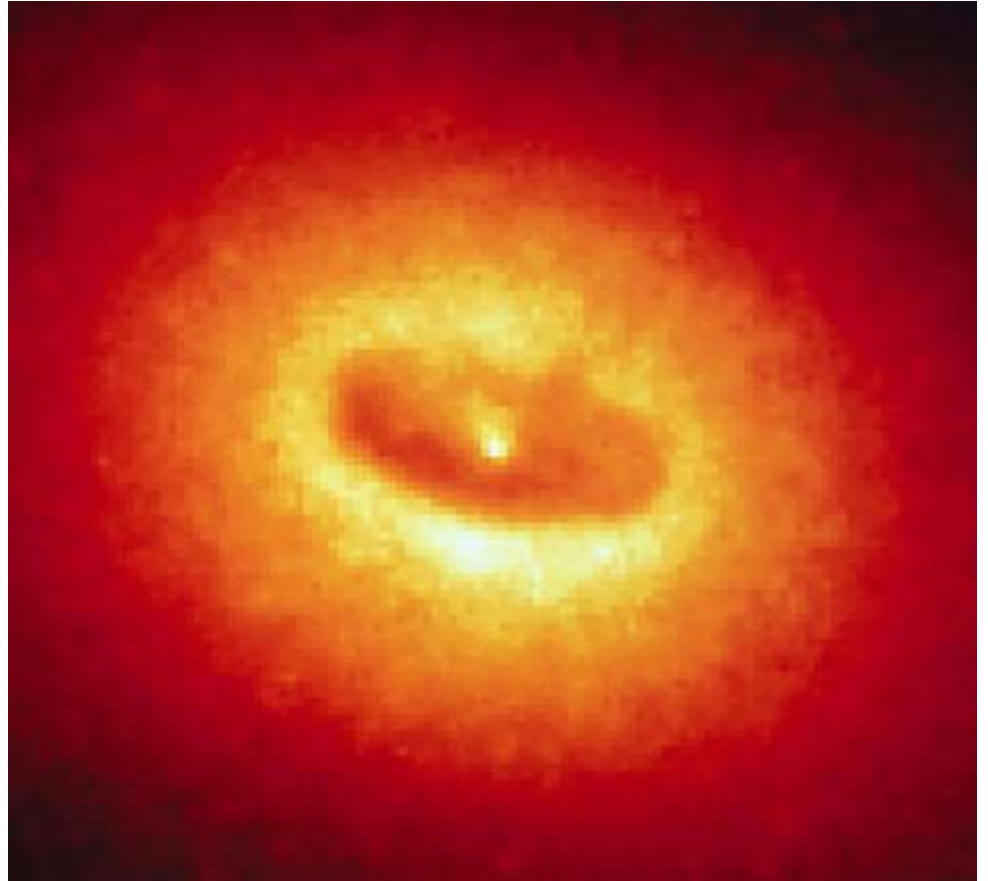
Duality with and within Unity;

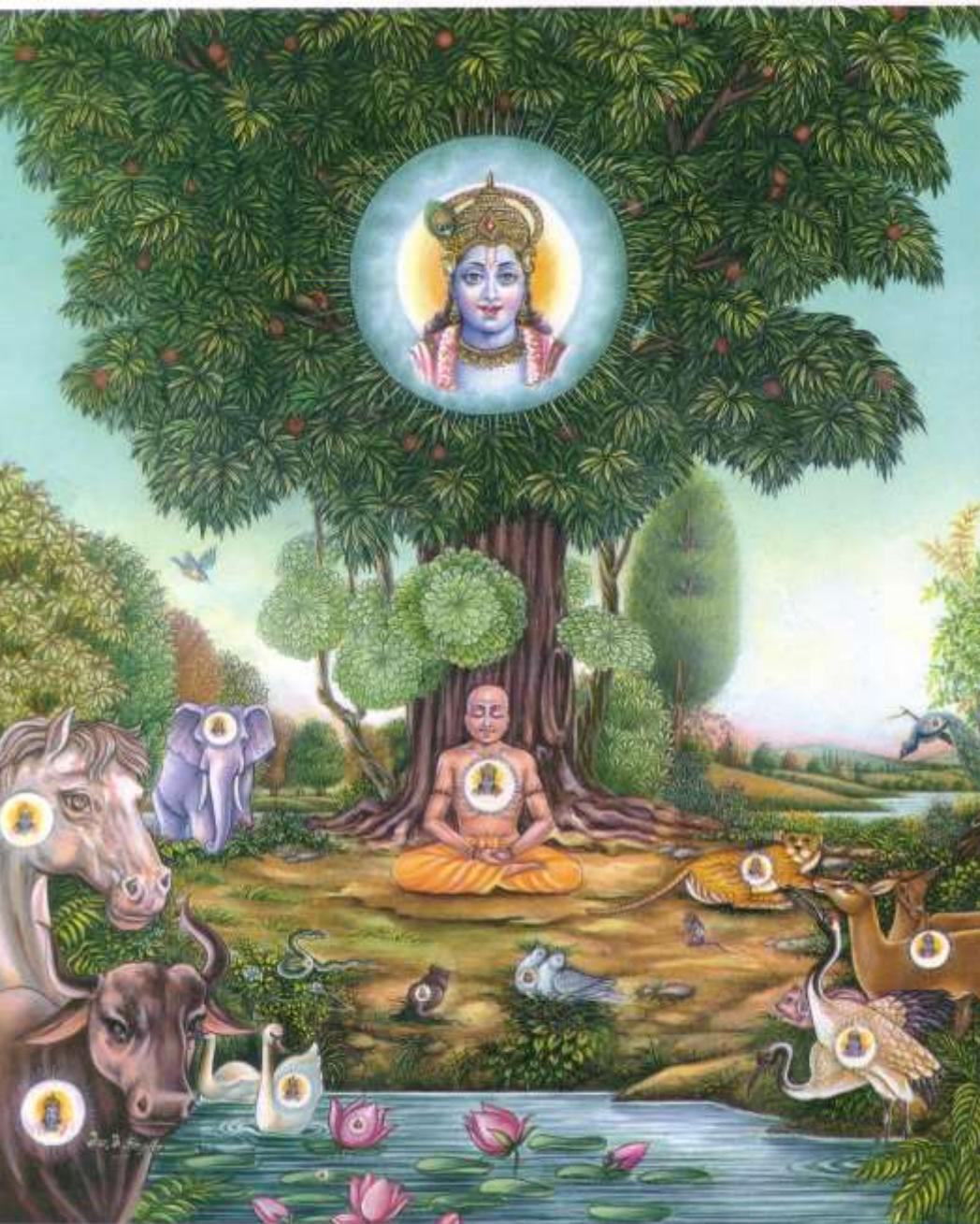
In the world and not of it



It is always
there, the
only reality
in a mind-
made
world.
28.1.17

That which is at the heart of all existence--the world's and yours--must be real, if anything can be. The world may be an illusion, your ego a fiction, but the ultimate essence cannot be either. Reality must be here or nowhere. [28:1.15](#)





... the paradox, that
the Overself is at
once universal and
individual

...It is both space
and the point in
space. It is infinite
Spirit and yet it is
also the holy
presence in
everyone's heart.

22.3.384

The momentary pause in every heartbeat is a link with the still centre of the Overself. Where the rhythm of activity comes to an end--be it a person's heart or an entire planet--its infinite and eternal cause is there. All this vast universal activity is but a function of the silent, still Void. *19.5.26*

During the gap--infinitesimal though it be--between two thoughts, the ego vanishes. Hence it may truly be said that with each thought it reincarnates anew. There is no real need to wait for the series of long-lived births to be passed through before liberation can be achieved. The series of momentary births also offers this opportunity, provided a person knows how to use it. *23.8.162*

The Infinite cannot be set against the finite as though they were a pair of opposites.

...The Infinite includes and contains within itself all possible finites.



The practical import of this truth is that Mind can be experienced not only in the Void but also in the world. The Reality is not only to be discovered as it is but also beneath its phenomenal disguises. 20.4.124

M: realize yourself as the ocean of consciousness in which all happens. This is not difficult. A little of attentiveness, of close observation of oneself, and you will see that no event is outside your consciousness.

Q: The world is full of events which do not appear in my consciousness.

M: ... It is your mind that has separated the world outside your skin from the world inside and put them in opposition. This created fear and hatred and all the miseries of living. Ch 65

The Short Path is, in essence, the ceaseless practice of **remembering** to stay in the Stillness, for this is what we really are in our innermost being and where we meet the World-Mind. 23.1.97

The ego to which we are so attached turns out on enquiry to be none other than the presence of World-Mind within our own heart. If identification is then shifted by constant practice from one to the other, we have achieved the purpose of life. 8.1.127



The little center of consciousness that is myself rests in and lives by the infinite ocean of consciousness that is God. The first momentary discovery of this relationship constitutes a genuine religious experience, and its expansion into a final, full disclosure constitutes a philosophic one. 25.1.31

Think of yourself as the individual and you are sure to die; think of yourself as the universal and you enter deathlessness, for the universal is always and eternally there. We know no beginning and no ending to the cosmic process. Its being IS: we can say no more. Be that rather than this--that which is as infinite and homeless as space, that which is timeless and unbroken. Take the whole of life as your own being. Do not divorce, do not separate yourself from it. It is the hardest of tasks for it demands that we see our own relative insignificance amid this infinite and vast process. The change that is needed is entirely a mental one. Change your outlook and with it "heaven will be added unto you." 21.5.95

Enlightenment is
when a wave realizes
it is the ocean.

- Thich Nhat Hanh -



**Enlightenment-
When a wave
realizes it is the
Ocean**

AND WE ADD:

**When wave
recognizes it is the
Ocean *Waving***

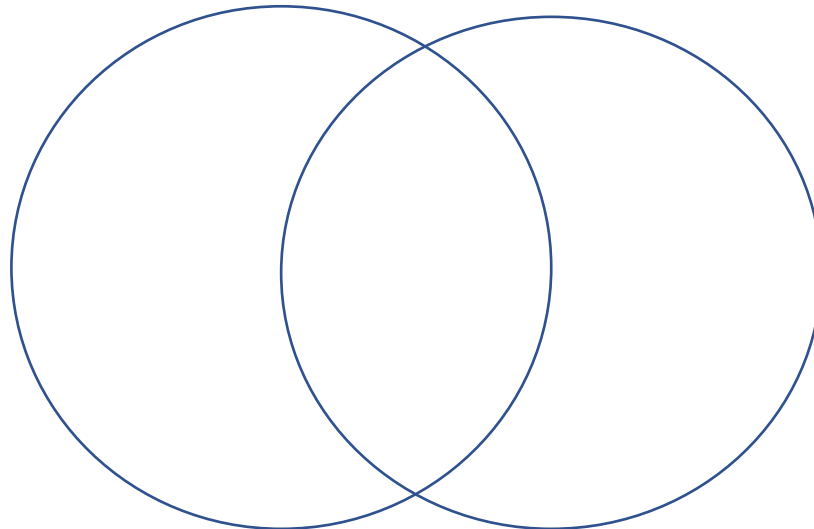
**When Ocean
recognizes itself
*as Waving.***

WAVING



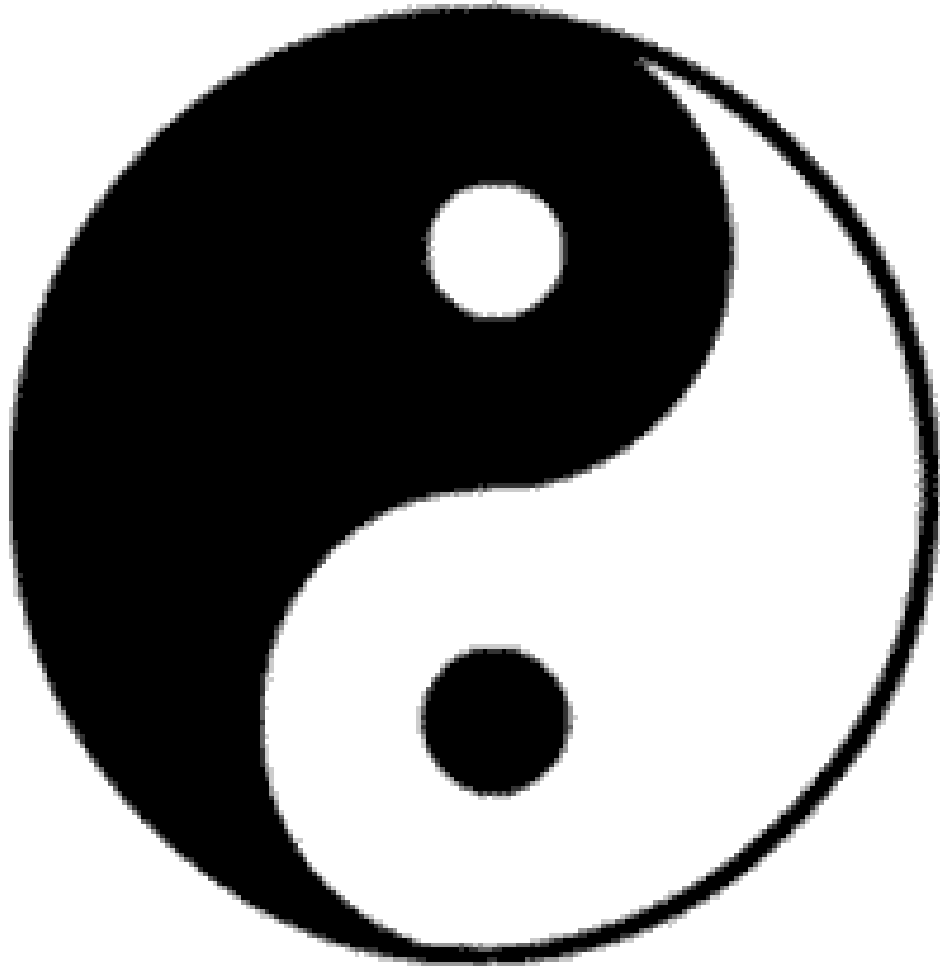
*As waves come with water and flames with fire, so
the Universal waves with us*

... It is as incomplete a vision to see the world as transitory alone without its underlying reality as it is to see the reality alone without its manifestation as the world. The two are inseparably linked and true insight sees them as such not as opposed to each other... The Real and its expression through the World-Idea are, after all, not two irrevocably separate things but an unbroken unity. *The Wisdom of the Overself* ch. 12 “The Unveiling of Reality”





The Real is continuous with its appearance. Wisdom of the Overself



When duality is blended with, and within, unity it is the true *jivanmukta* realization. The One is then experienced as the Two but known to be really the One.
25.2.123

If the One Reality alone *is*, if even the world-illusion vanishes in deepest contemplation, how are we to deal with the world, since it awaits our attention whatever its status be? The answer is that we are to act in the world AS IF it were real: this is to be our working rule to enable us to carry on with everyday existence and perform all duties. This same practical rule was stated by Jesus in his succinct sentence: Be in the world but not of it. 24.3.311

